

Shogaku Zen Institute shogakuzen.org

Ecodharma: A dharma (spiritual) response to our ecological crisis

A 13 week online course starting September 10, 2020 Thursdays, 6:00 to 7:30 MOUNTAIN TIME With David Loy and Kritee (Kanko)

- How can we respond urgently and effectively to the ongoing climate emergency and the larger ecological crisis—and stay sane doing it?
- How do we understand the interconnection of environmental degradation with colonialism, racism and neoliberal economics?
- What contemplative/spiritual principles and perspectives can help us forge a response to our ecological predicament?
- How to we "compost" of our own collective grief and anger to be able to face these times with courage and clarity?
- How do we form awakened communities that will be necessary to confront and transform our current global exploitative socio-economic systems?

Please join David Loy and Kritee (Kanko) two of the cofounders of the Rocky Mountain Ecodharma Retreat Center (RMERC) to explore over 13 weekly online sessions how we can deepen our spiritual paths, honor and transform our emotions, act with deep compassion & courage to create awakened communities that will act courageously in these times of climate emergency and other socio-ecological injustices.

<u>David Robert Loy</u> is a professor, writer, and Zen teacher in the Sanbo Zen tradition of Japanese Zen Buddhism. He lectures nationally and internationally on various topics, focusing primarily on the encounter between Buddhism and modernity: what each can learn from the other. He is especially concerned about social and ecological issues. A popular recent lecture is <u>"Healing Ecology: A Buddhist Perspective on the Eco-crisis"</u>, which argues that there is an important parallel between what Buddhism says about our personal predicament and our collective predicament today in relation to the rest of the biosphere. You can hear David's podcast interview with Wisdom Publications <u>here</u>. Presently he is offering workshops on "<u>Transforming Self, Transforming Society</u>" and on <u>Ecodharma: Buddhist Teachings for the Precipice</u>, which is also the title of a new book forthcoming in early 2019. He also leads meditation retreats.

Kritee (dharma name Kanko) is a climate scientist, Zen priest & founding dharma teacher of Boundless in Motion. She believes in identifying and releasing our personal and ecological grief and bringing our gifts into strategic collective actions for societal healing. She is committed to learning from and bringing dharma to young adults, permaculture communities, LGBTQ, black, indigenous and other people of color. She is a sensei in the Rinzai Zen lineage of Cold Mountain, the executive director of Boulder Eco-Dharma Sangha, a co-founder of Rocky Mountain Ecodharma Retreat Center and has served as a teacher for Earth-Love-Go (Lama Foundation) and One Earth Sangha. As a senior scientist in the Global Climate Program at Environmental Defense Fund she helps implement climate-smart farming at scale in India. She is trained as a microbiologist and isotope biogeochemist at Rutgers and Princeton. You can access her talks and articles here. Please email her at kritee at boundlessinmotion dot org.